

Intro to Dance Syllabus – LPAP 135

Spring 2019

Instructor- Jacqueline Bobet

jabobet@outlook.com

“Dance is bigger than the physical body. When you extend your arm, it doesn't stop at the end of your fingers, because you're dancing bigger than that; you're dancing spirit.” -Judith Jamison, Ailey Dancer

“There is something so rewarding about dancing. It's almost spiritual - you let loose, you feel free, you get endorphins from the exercise.”
-Julianne Hough, Dancing With The Stars

Course Description:

This is an introductory dance class in which the student will briefly study several dance forms including creative dance, ballet, modern dance, folk, cultural, ballroom, social, hip hop and jazz. You will be dancing nearly every single class day. The material is geared towards those with no previous dance experience. Those with some dance background are welcome but be warned that the material may move too slowly for you. The student is expected to attend class with an open mind, a respectful attitude and a willingness to actively participate. There are a couple of mini-written assignments that tie into class work. Dress Code is very important, please follow it everyday.

Course Objectives

- To develop an awareness and understanding of dance movement.
- To develop an awareness and understanding of performer training techniques.
- To discover one's own potential as a dancer and choreographer.

Grading:

FULL daily participation	70%
Group Choreography Project	20%
Written/Concert Assignments	10%

Course Requirements

Participation: Attendance and full participation are critical to your success in this class. In the studio, each student will be evaluated according to his or her level of participation, focus and overall improvement of course objectives. Be aware that the instructor takes student level of involvement very seriously and is acutely aware of student engagement in class material. If you are having any type of issue that affects your class participation, please talk to me so I will not misread your body language. Our class meetings are very short so please be ready to dance at the beginning of class. This means changing of clothing needs to take place BEFORE class begins. If you get to class on time but then go change and return after we have started dancing, you will be marked late.

Written Assignments: You will complete a journal and a concert review. These are very short. Assignment descriptions and due dates are at the end of the syllabus. There may be additional mini-written assignments.

LPAPs are for credit:

All LPAPs are for 1 credit hour and they do count toward a student's GPA. All undergraduates have to take at least 1 LPAP in order to graduate.

DRESS CODE:

Proper attire is required for Intro to Dance. Instructor checks and notates attire infractions every day. I will make comments on incorrect attire for the first week or so, but after that I will only make notes on my grade sheet. The dress code is active ALL SEMESTER. Your participation grade will drop for repeated dress code infractions.

Proper clothes include: leotards, tights, leggings, tank tops, t-shirts, bike shorts that go past mid thigh, yoga pants, long athletic shorts, sweats (fixed to stay above ankle), loose, stretchy pants cut off above the ankle.

DO NOT DANCE WITH THINGS IN YOUR POCKETS. Remove keys, cell phones, change, etc.

All pants need to fall above the ankle.

Foot thongs are REQUIRED for class all semester. No other shoes allowed. No socks allowed.

Links to find foot thongs are below:

<https://www.heb.com/product-detail/toe-kini-ball-of-foot-protectors-women-s-sizes-6-10/1685621>

https://www.amazon.com/s/ref=nb_sb_ss_i_1_11?url=search-alias%3Daps&field-keywords=foot+thongs+for+dance&sprefix=foot+thongs%2Caps%2C236&crid=406PZ72STHA1&rh=i%3Aaps%2Ck%3Afoot+thongs+for+dance

NO STREET CLOTHES ALLOWED.

NO jeans, pajama jeans, short shorts, slacks, stockings, cargo shorts, jogging shorts, skirts.

No tshirts or tanks that show cleavage. No crop tops. No tops with large arm openings. Basically no torso skin should be showing.

No clothing that is not stretchy. No loose clothing that hangs off shoulders.

No big jewelry.

Hair MUST be pulled back from face and off of neck. No hair hanging in face allowed. No ponytails allowed. Hair must be up in some way, secured.

Attendance Policy:

Students are expected to attend all class sessions and to actively participate while in attendance. During the course of the semester, students are allowed two “free” absences. Should a student miss an additional class, she/he will need to arrange to make up that missed class at a time and place that is agreed upon by both the student and the instructor. It is the responsibility of the student to initiate conversation with the instructor to discuss the make up, and an agreement must be reached within two weeks of the absence. If a student fails to make up a missed third or fourth class, his/her final grade will drop by one or two grade letters.

Students will not be allowed to make up more than two absences.

>>>>>>>>**Five total absences**, including those that were made up and no matter their circumstance, will result in a failing grade for the course. See instructor for make-up options.

****if you are sick and contagious, please do not come to class.**

Honor Code Violations:

All students are expected to uphold their pledge to the Rice Honor Code. Any student caught cheating on an exam or written assignment will be reported to the Chair of the Honor Council, and an investigation will ensue. Any questions that you may have about what constitutes an honor code violation in this class can be directed to the instructor. Instructor Specifics: written work should be done in the student's own words.

ADA Policy Statement

If you have a documented disability that will impact your work in this class, please contact me to discuss your needs. Additionally, you will need to register with the Disability Support Services Office in the Ley Student Center.

Tardiness

Entering class after I have called the roll is considered tardy. Two tardies equal an absence.

Class Observation Guidelines:

You may find yourself sitting out of a class if you are really late or if you are sick or injured (no more than 2 allowed per semester). Sitting out does not mean you are not involved in class. You will be taking notes on what we are doing. You are not allowed to sleep or use your phone or laptop or do work for another class while sitting out. If the instructor finds you doing any of these you will be asked to leave and marked as absent for that day.

Other Notes:

Please remember to bring water to class. Hydrating the body during a workout is necessary for optimum performance. No gum chewing for your own safety while dancing.

Please turn off all cell phones and other electronic devices during class.

No use of Apple watches during class.

No recording of class with any electronic device is allowed without teacher's permission.

Teacher Bio: <http://www.uh.edu/cota/theatre-and-dance/about/faculty/nalett/>

Journal

Reflect on your semester in this class and discuss any of the following: new things have you learned about dance and/or about yourself; how the actual classes compared with what you thought the class would be about in the beginning; if you had fun or not; if you will be able to use your new skills and knowledge in your life; your favorite or not so favorite dance styles learned. You are free to add anything else you would like to in this journal. Journal should be typed, double-spaced, min. 300 words, submitted IN CLASS only. **No emailed copies accepted.**

Concert

Type up your reactions to the Rice Dance Theatre show, April 11, 12, 13 at 7:30 p.m. Pick one performance to attend. Shows are in the Rec. Dance theatre. It should be typed, double-spaced, min. 300 words, submitted IN CLASS only. **No emailed copies accepted.**